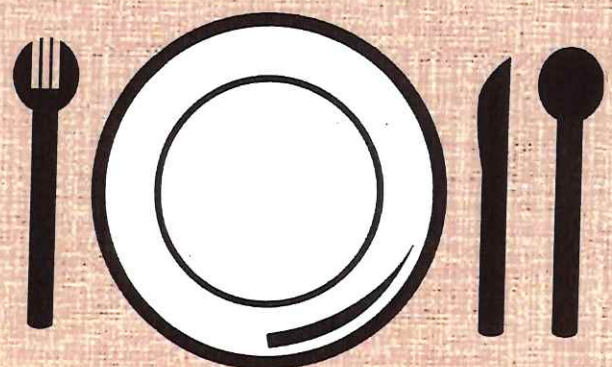


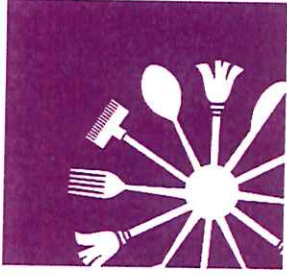
Arlwyo a Glanhau

NEWYDD

Catering & Cleaning

**PRIMARY
SCHOOL
ALLERGENS
SEPTEMBER
2025**





Arlwyo a Glanhau



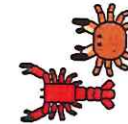
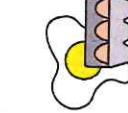
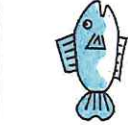
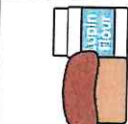
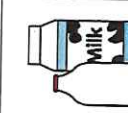
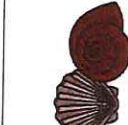
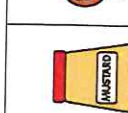
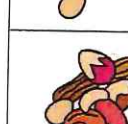
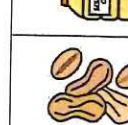

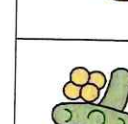
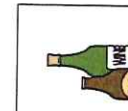
NEWYDD

Catering & Cleaning

MAIN MENU



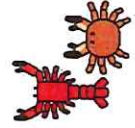
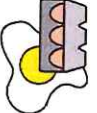

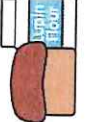








WEEK 1

Week 1 - Monday

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jumbo Fish Fingers (Ravenscroft)		✓ Wheat			✓		✓							
Salmon Fillet (Ravenscroft)		✓ Wheat			✓									
Mac 'N' Cheese	May Contain	✓ Wheat		May Contain			✓		✓				May Contain	✓
Mashed Potato (Harlech)							✓							
Baked Beans (Harlech)														
Apple Crumble & Custard		✓					✓						May Contain	✓




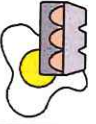

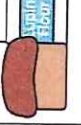
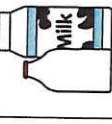







Date 19/08/2025

Week 1 - Tuesday



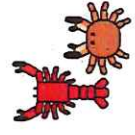
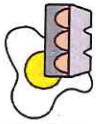
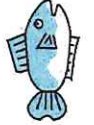
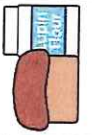
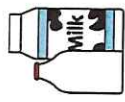







DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Welsh Beef Bolognaise	✓													
Vegetable & Lentil Bolognaise	✓	✓												
Wholegrain Pasta (Ravenscroft)		✓ Wheat												
Peas (Harlech)														
Garlic Bread (Harlech)		✓ Wheat					✓							May Contain
Liaeth Y Llan Yoghurts (Ravenscroft)							✓							

Date 20/08/2025

Week 1 - Wednesday

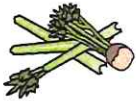

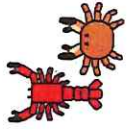
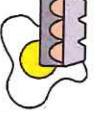
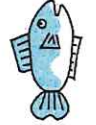
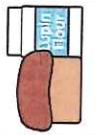
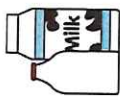







DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Fillet (Ravenscroft)														
Meatless Chicken Breast (Ravenscroft)		✓ Wheat												
Roast Potatoes, Carrots & Broccoli (Oren)	May Contain													May Contain
Roast Potatoes, Carrots & Broccoli (Harlech)														
Yorkshire Pudding (Harlech)		✓ Wheat		✓			✓							
Gravy (Ravenscroft)														
Gravy (Harlech)	May Contain			May Contain			May Contain		May Contain				May Contain	May Contain
Llaeth Y Llan Yogurt (Ravenscroft)							✓							

Week 1 - Thursday

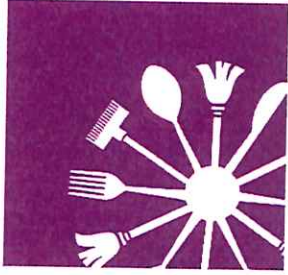
DISHES														
Chicken Curry (Ravenscroft)		✓ Wheat							✓					
Vegetable Curry (Ravenscroft)		✓ Wheat							✓					
50/50 Rice (Ravenscroft)														
Sweetcorn (Harlech)														
Naan Bread (Ravenscroft)		✓ Wheat		May Contain			May Contain							
Liaeth Y Llan Yoghurt (Ravenscroft)							✓							

Date 19/08/2025

Week 1 - Friday

DISHES														
Beef Burger (Ravenscroft) Floured Bap (Harlech)		✓ Wheat					May Contain		May Contain			May Contain	✓	✓
Vegan Hot Dog		✓ Wheat											✓	
Home Baked Cheese & Bean Pasty		✓ Wheat		✓		May Contain	✓		May Contain				May Contain	
Chips (Ravenscroft) (Harlech)														
Tomato Ketchup Sachets (Harlech)	✓													
Veg Sticks														✓
Oat Lemon & Raisin Cookie (Harlech)		✓ Wheat Oat		✓			May Contain							May Contain

Date 19/08/2025



Arlwyo a Glanhau




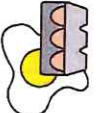

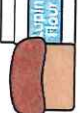






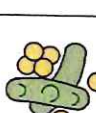

NEWYDD

Catering & Cleaning

MAIN MENU



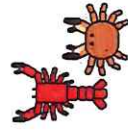
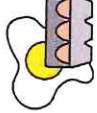

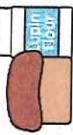
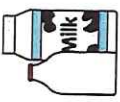







WEEK 2

Week 2 - Monday

DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Wholegrain Chicken Tomato Pasta Bake	✓	✓					✓							
Chilli Non Carne (Ravenscroft)	✓													
50/50 Rice (Ravenscroft)														
Baked Tortillas														
Cocoa Sponge & Custard		✓		✓			✓						May Contain	✓



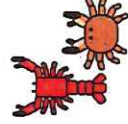
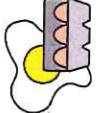

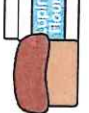
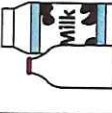






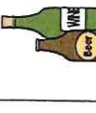
Date 19/08/2025

Week 2 - Tuesday



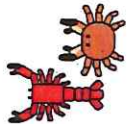
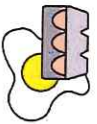

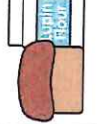
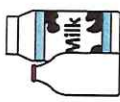




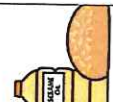


DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Meatballs, Tomato & Mozzarella Panini	✓	✓ Wheat					✓					May Contain	✓	✓
Pesto & Vegetable Pasta Salad		✓					✓			May Contain				
½ Jacket Potato														
Coleslaw Coleslaw mix (Oren) Mayo (Ravenscroft)	✓			✓										✓
Liaeth Y Llan Yogurt (Ravenscroft)							✓							

Date 20/08/2025

Week 2 - Wednesday




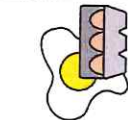
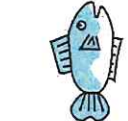
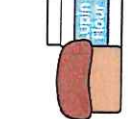
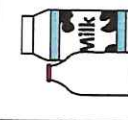

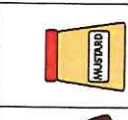
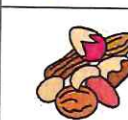
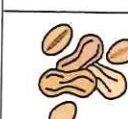
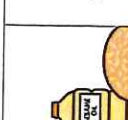
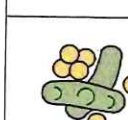
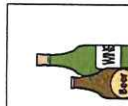
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Turkey (Ravenscroft)														
Meatless Chicken Breast (Ravenscroft)		✓ Wheat												
Gravy (Ravenscroft)														
Gravy (Harlech)	May Contain			May Contain			May Contain		May Contain				May Contain	May Contain
Roast Potatoes, Carrots & Broccoli (Oren)	May Contain													
Roast Potatoes, Carrots & Broccoli (Harlech)														
Yorkshire Pudding (Harlech)		✓ Wheat		✓			✓							
Llaeth Y Llan Yogurt (Ravenscroft)							✓							

Week 2 - Thursday

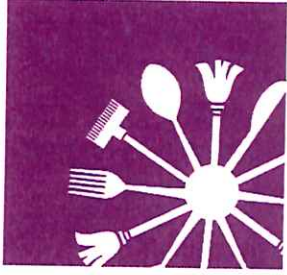
DISHES														
Cheese & Tomato Calzone Pocket Pomodoro Sauce (Ravenscroft)	✓	✓ Wheat		May Contain			✓							
½ Jacket Potato														
Coleslaw Coleslaw Mix (Oren) Mayo (Ravenscroft)	✓			✓										✓
Creamy Tuna & Sweetcorn Pasta Bake	May Contain	✓ Wheat		May Contain	✓		✓		✓				May Contain	✓
Llaeth Y Llan Yogurt (Ravenscroft)							✓							✓

Date 19/08/2025

Week 2 - Friday

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Nuggets (Ravenscroft)		✓ Wheat & Wheat Semolina												
Vegetable Tortilla Stack Wraps, Pomodoro Sauce & Cheese (Ravenscroft)	✓	✓ Wheat					✓							
Chips (Harlech) (Ravenscroft)														
Tomato Ketchup Sachets (Harlech)	✓													
Veg Sticks														✓
Ice Cream Pot (Ravenscroft)							✓							

Date 19/08/2025



Arlwyo a Glanhau



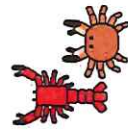
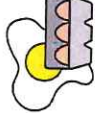

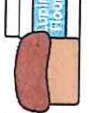
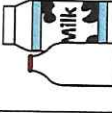





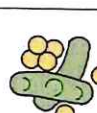

NEWYDD

Catering & Cleaning

MAIN MENU



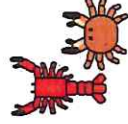
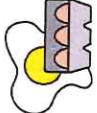

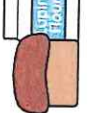







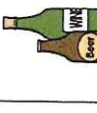
WEEK 3

Week 3 - Monday

DISHES														
Chicken Fajita Tortilla		✓												
Wholegrain Rice (Ravenscroft)														
Tomato & Herb Pasta Bake	✓	✓					✓							
Garlic Slice (Harlech)		✓					✓					May Contain		
Pineapple Coconut Sponge & Custard		✓					✓						May Contain	✓



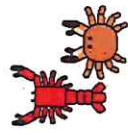
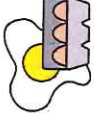

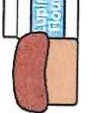
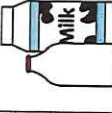

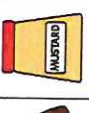





Date 19/08/2025

Week 3 - Tuesday

DISHES														
GF Meatballs (Ravenscroft) Pomodoro Sauce (Ravenscroft)	✓												✓	
Veggie meatballs Pomodoro sauce (Ravenscroft)	✓													
Garlic Bread (Harlech)		✓ Wheat					✓					May Contain		
Wholegrain Pasta (Ravenscroft)		✓												
Peas (Harlech)														
Liaeth Y Llan Yoghurts (Ravenscroft)							✓							

Date 19/08/2025

Week 3 - Wednesday

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Welsh Beef Cottage Pie	May Contain			May Contain			✓		May Contain				May Contain	✓
Vegetable & Lentil Cottage Pie	✓	✓		May Contain			✓		May Contain				May Contain	✓
Peas & Steamed Carrots														
Llaeth Y Llan Yoghurts (Ravenscroft)							✓							



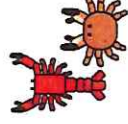
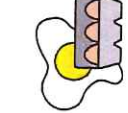
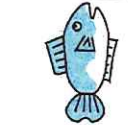
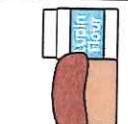
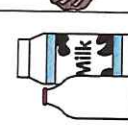


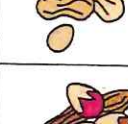

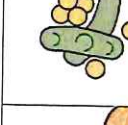


Date 20/08/2025

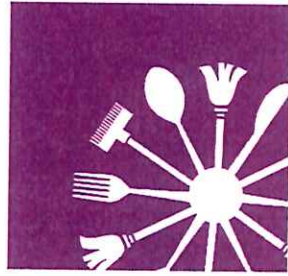
Week 3 - Thursday

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese & Tomato Calzone Pocket														
Pomodoro Sauce (Ravenscroft)	✓	✓ Wheat		May Contain			✓							
Potato Wedges (Ravenscroft)														
Seasoned Wedges (Harlech)		✓ Wheat												
Baked Beans (Harlech)														
Soup & Roll	✓	✓					✓						✓	✓
Llaeth Y Llan Yogurt (Ravenscroft)							✓							

Date 19/08/2025

Week 3 - Friday

DISHES														
Chicken Burger (Ravenscroft) Floured Bap (Harlech)	Produced in Factory that handles	✓ Wheat		Produced in Factory that handles			Produced in Factory that handles		Produced in Factory that handles			May Contain	Produced in Factory that handles	Sulphur Dioxide
Vegan Burger (Harlech) Floured Bap (Harlech)		✓ Wheat									May Contain			
GF Fish Fillet (Ravenscroft)		✓ Wheat			✓									
Chips (Harlech) (Ravenscroft)														
Veg Sticks														✓
Tomato Ketchup Sachets (Harlech)	✓													
Hand Baked Option		✓ Oats Wheat		✓			✓					May Contain	✓	



Arlwyo a Glanhau




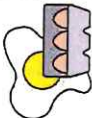

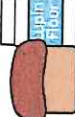
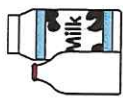







NEWYDD

Catering & Cleaning

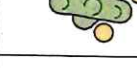





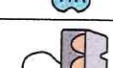




SEPARATE

ITEMS

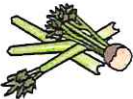

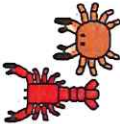
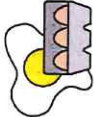

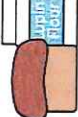








Daily Filled Pasta Pots

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pasta Pot with Cheese (Ravenscroft) Pasta (Harlech)		✓ Wheat					✓							
Pasta Pot with Cheese & Beans (Ravenscroft) Pasta & Beans (Harlech)		✓ Wheat					✓							
Pasta Pot with Tuna Mayo (Ravenscroft) Pasta (Harlech)		✓ Wheat		✓	✓				Used in other recipes					
Pasta Pot with Ham Pasta (Harlech) Ham (Ravenscroft)		✓ Wheat												
Pasta Pot with Salmon Pasta (Harlech)		✓ Wheat			✓									

Daily Jacket Potatoes

DISHES														
Jacket Potato with Cheese (Ravenscroft)							✓							
Jacket Potato with Cheese & Beans (Harlech) (Cheese) (Ravenscroft)							✓							
Jacket Potato with Tuna Mayo (Ravenscroft)				✓	✓				Used in other recipes					
Jacket Potato with Ham (Ravenscroft)														
Jacket Potato with Bebo Butterich (Ravenscroft)							✓							✓
Jacket Potato with Bebo Soft Spread (Ravenscroft)							✓							

Salad Bar



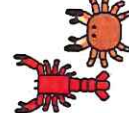
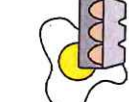
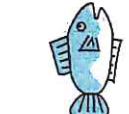
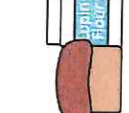


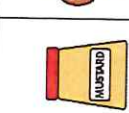
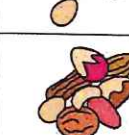
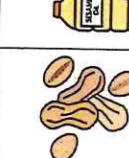
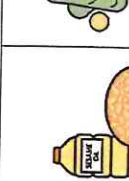
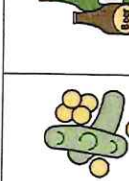

DISHES														
Fresh carrot sticks (Oren)	May Contain													May Contain
Coleslaw mix (Oren) Mayo (Ravenscroft)	May Contain			✓										May Contain
White and Brown Bread (Ravenscroft)		✓ Wheat & Soya Flour												
Lettuce Tomatoes Cucumber Onions Sweetcorn Beetroot														
Pasta (Ravenscroft)		✓ Wheat												

Date 20/08/2025



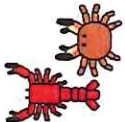
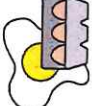

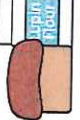
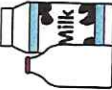







Sandwich Spreads

DISHES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Egg Mayo Sandwich		✓		✓									✓	
Chicken Mayo Sandwich		✓		✓									✓	
Cheese Savoury Sandwich		✓		✓			✓						✓	
Tuna Mayo Sandwich		✓		✓	✓								✓	
Ham Sandwich		✓					✓						✓	

Tiffin Sandwiches

DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide		
Cheese Sandwich (Tiffins)		✓ Wheat					✓									
Ham Sandwich (Tiffins)		✓ Wheat														
Tuna Mayo Sandwich (Tiffins)		✓ Wheat		✓	✓											

Yoghurt Bar 2025

DISHES														
Yoghurt (Ravencroft)							✓							
Dried Oats (Harlech)		✓ (Oats) May Contain Wheat & Barley												
Grapes Mandarins Melon Strawberries Currants Apricots														

Date 20/08/2025



Arlwyo a Glanhau

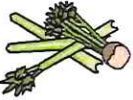

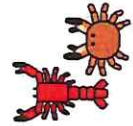
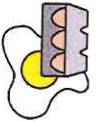

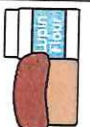
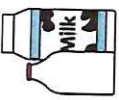





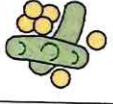

NEWYDD

Catering & Cleaning

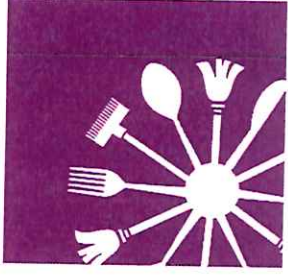
DAIRY FREE MENU

WEEK 1

Dairy Free Week 1

DISHES														
Vegan Mac N cheese		✓ Wheat											✓	✓
DF Beef Bolognese, Pasta, Peas	✓	✓ Wheat											✓	
Vegan - Vegetable & Lentil Bolognese, Pasta	✓	✓ Wheat												
Roast Chicken Dinner with DF Gravy	May Contain													May Contain
DF GF Edwards Beef Burger in Bun, Chips, Veg Sticks	✓			✓										✓
Vegan Roast Dinner, Potatoes, Carrots, Broccoli	May Contain	✓ Wheat												May Contain
Vegan - Vegetable Curry with 50/50 Rice		✓ Wheat							✓					

Date 20/08/2025



Arlwyo a Glanhau




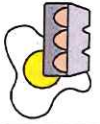

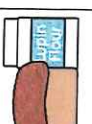








NEWYDD

Catering & Cleaning

DAIRY FREE MENU

WEEK 2

Dairy Free Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chilli non Carne, Wholegrain Rice, Baked Tortilla	✓	✓												
Meatball, Tomato & Vegan Cheese Panini	✓	✓										May Contain	✓	✓
Roast Turkey Dinner, Roast Potatoes, Carrots, Broccoli with DF Gravy	May Contain													May Contain
Vegan Pizza Pocket with Plant Cheese (GF Base)	✓													
Vegan Tortilla Stack	✓	✓												✓

Date 20/08/2025



Arlwyo a Glanhau




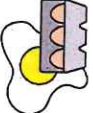

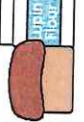
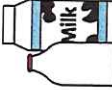







NEWYDD

Catering & Cleaning

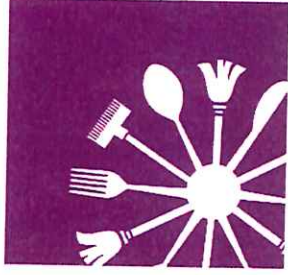
DAIRY FREE MENU

WEEK 3

Dairy Free Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
DF Meatballs & Pasta in Tomato Sauce with Peas	✓	✓											✓	✓
DF Beef Cottage Pie, Peas, Steamed Carrots													✓	✓
DF Baked Fillet of Fish Burger in DF Bun with Chips, Veg Sticks	✓	✓			✓									✓
Vegan Tomato & Herb Pasta Bake	✓	✓												
Vegan - Veggie Meatballs in tomato Sauce, Pasta, Peas	✓	✓												
Vegan - Vegetable & Lentil Cottage Pie with Vegan Gravy	✓	✓											✓	✓

Date 20/08/2025



Arlwyo a Glanhau



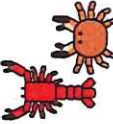
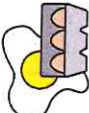

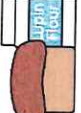








NEWYDD

Catering & Cleaning

GLUTEN FREE

SANDWICHES

Gluten Free Sandwiches

DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Egg Mayo Sandwich				✓										
Chicken Mayo Sandwich				✓										
Cheese Savoury Sandwich				✓			✓							
Tuna Mayo Sandwich				✓	✓									
Ham Sandwich				✓										✓



Arlwyo a Glanhau

NEWYDD



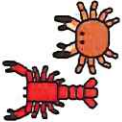
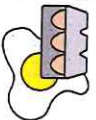

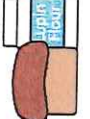
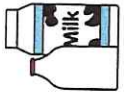







Catering & Cleaning

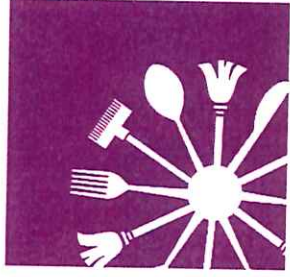
GLUTEN FREE

MENU

WEEK 1

Gluten Free Week 1

DISHES														
GF Mac N Cheese with GF Pasta	May Contain			May Contain			✓		✓				May Contain	✓
GF Welsh Beef Bolognese with GF Pasta	✓												May Contain	
GF Roast Chicken Dinner, Roast Potatoes, Carrots, Broccoli.	May Contain			May Contain			May Contain						May Contain	
GF Chicken Curry with 50/50 Rice, GF Wrap							✓							
GF Vegetable Curry with 50/50 Rice, GF Wrap							✓							
GF Beef Burger in GF Bun with Chips & Veg Sticks	✓			✓										✓



Arlwyo a Glanhau

NEWYDD



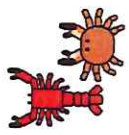
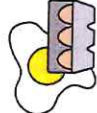

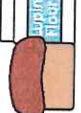






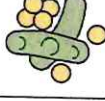

Catering & Cleaning

GLUTEN FREE

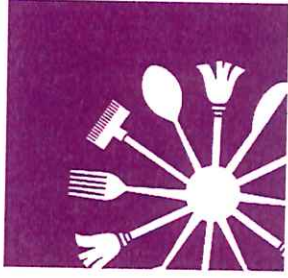
MENU

WEEK 2

Gluten Free Week 2

DISHES														
GF Chicken & Pasta Bake with GF Pasta	✓						✓							
GF Chilli Non Carne with GF Tortilla	✓													
GF Meatballs in Tomato Sauce with GF Roll	✓			✓			✓						✓	✓
GF Pesto & Vegetable Pasta Salad							✓			May Contain				
GF Turkey Dinner, Roast Potatoes, Carrots & Broccoli	May Contain			May Contain			May Contain		May Contain				May Contain	
GF Pizza Pocket with GF Base & 1/2 Jacket Potato	✓						✓							
GF Vegetable Tortilla Stack with Chips, Veg Sticks	✓						✓							

Date 20/08/2025



Arlwyo a Glanhau

NEWYDD



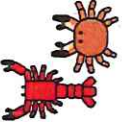
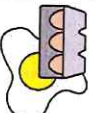

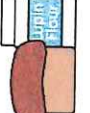


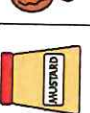
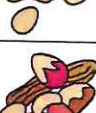
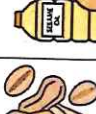

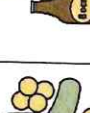

Catering & Cleaning

GLUTEN FREE

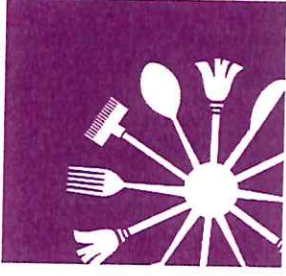
MENU

WEEK 3

Gluten Free Week 3

DISHES														
GF Chicken Fajita, Rice & GF tortilla														
GF Tomato & Herb Pasta Bake	✓						✓							
GF Meatballs in Tomato Sauce with GF Pasta	✓												✓	
GF Veggie Meatballs in tomato Sauce with GF Pasta	✓												✓	
GF Beef Cottage Pie, Peas, Carrots, GF Gravy	May Contain			May Contain			✓		May Contain				May Contain	✓
GF Pizza Pocket with Potato Wedges, Beans (Ravenscroft)	✓						✓							
GF Fish Burger with Bun with Chips, Veg Sticks	✓				✓		✓							✓

Date 20/08/2025



Arlwyo a Glanhau

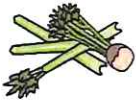

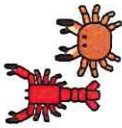
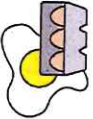

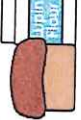






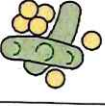

NEWYDD

Catering & Cleaning

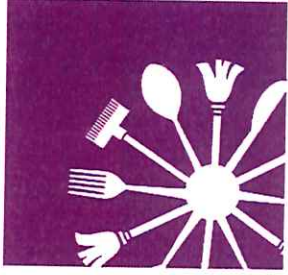
VEGAN MENU

WEEK 1

Vegan Week 1

DISHES														
Vegan Mac N Cheese		✓ Wheat											✓	Sulphur Dioxide
Vegan Lentil & Veg Bolognese, Pasta, Peas	✓	✓ Wheat											✓	
Vegetable Curry with 50/50 Rice		✓ Wheat							✓					
Vegan Roast Dinner, Potatoes, Carrots, Broccoli	May Contain	✓ Wheat												May Contain

Date 20/08/2025



Arlwyo a Glanhau



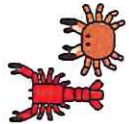
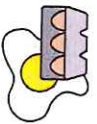
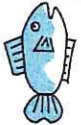
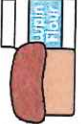






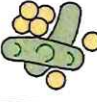

NEWYDD

Catering & Cleaning

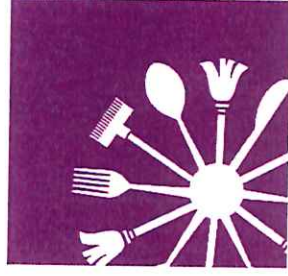
VEGAN MENU

WEEK 2

Vegan Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chilli Non Carne	✓	✓												
Vegetable Pasta & Pomodoro Sauce	✓	✓												
Vegan Pizza Pocket with Vegan Cheese (GF Base), ½ jacket potato	✓													
Vegan – Vegetable Tortilla Stack with Chips, Veg Sticks	✓	✓												✓
Vegan Roast Dinner, Potatoes, Carrots, Broccoli	May Contain	✓												May Contain

Date 20/08/2025



Arlwyo a Glanhau

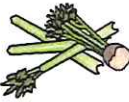

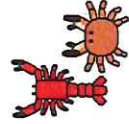
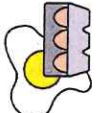

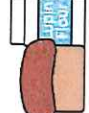
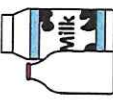






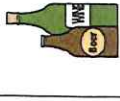
NEWYDD

Catering & Cleaning

VEGAN MENU

WEEK 3

Vegan Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegan Tomato & Herb Pasta Bake	✓	✓												
Vegetable Meatballs in tomato Sauce, with Pasta & Peas	✓	✓											✓	
Vegetable & Lentil Cottage Pie with Vegan Gravy	✓	✓											✓	✓
Vegan Soup with Roll	✓	✓											✓	

Date 20/08/2025